

Post Op Care: Denture and Partial Denture Care

Removable dentures are used to replace all of the teeth on the upper and/or lower arch. Removable partial dentures are used to replace one or more teeth, while still having some of the natural teeth as anchors (abutments). Once you receive your denture or partial denture, it requires some effort and time to be able to speak and chew as normal. Just as you develop blisters with new shoes, dentures and partials may cause sore spots as your mouth adjusts. During the adjustment appointments, we will adjust your dentures to minimize these sores. Spending time at home to read aloud and speak with your dentures will help you to regain normal speaking patterns. Eating small, soft items while adapting to dentures will allow your mouth to adjust. Foods such as steak and salad are difficult to eat even with the best fitting denture, and an extremely experienced denture wearer.

- Two exams or “check ups” a year are recommended for all patients, even those with full upper and full lower dentures
 - At these appointments, the fit of the denture will be checked along with examining soft tissue for any signs of oral cancer or infection
- Do not sleep with your denture or partial in your mouth overnight. Your tissue needs to recuperate and have natural cleansing, buffering, and rest to minimize infections and sores
- Brush your denture to remove food and debris. Soaking agents will not remove all debris. Denture brushes are available to help best clean your denture
- Brush the appliance over a basin of water or over a towel to decrease the risk of damage if it is dropped during the brushing process
- Use denture specific cleaning agents or regular soap to clean your denture. Toothpaste for natural teeth is too abrasive.
- Store the clean denture in water to prevent the acrylic areas from drying out and changing dimension. Denture cleaners are not a substitute for brushing, but they may be placed in the water bath after the dentures have been manually brushed.
- Ultrasonic cleaning units designed for dentures may be used. Please bring your dentures and partial dentures to cleaning appointments so we can use our ultrasonic cleaner
- Do not “bite” your appliance into place. Insert and remove the denture or partial denture gently by hand